RIVER FOREST PARK DISTRICT

Summer Camp Welcome Letter

We are looking forward to a safe and fun summer!

CAMP REGISTRATION: Weekly camp registration closes by end of day on Wednesday of the prior week. If your child is registered for both a Half Day Morning Camp and an Afternoon Camp, you may give your child permission to be transported by Park District staff from their morning camp to their afternoon camp.

CAMP CANCELLATION & REFUND POLICY: No refunds will be given for any camp, unless a cancellation is received no later than seven (7) days prior to the summer camp session start date. Any refundable cancellations will be charged a $10 service fee per session. No refunds will be given if a participant is removed due to violation of the Park District's *Give a High 5 Safety & Behavioral Policy*.

FORMS: Camper Data Forms must be filled out prior to the start of your child's first camp day. Please make sure the forms are filled out and are ready to be **handed to** the Camp Director on the first day.

DROP-OFF & PICK-UP: Drop-off will begin as early as 5 minutes prior to the start of camp. Pick-up your child no later than 5 minutes after the end of camp.
Authorized adults MUST SHOW ID at pick-up.

BIKERS & WALKERS: If permission has been given on the Camper Data Form, campers may bike or walk to camp.

CAMP GROUPS: The camper-to-staff ratio is 8:1 for Kidz Camp; and 8:1 for Sports Camp. Campers will be grouped by age & ability.

CAMP STAFF AND TRAINING: A qualified Camp Director supervises each camp. All camp staff complete an extensive training program that includes supervision and safety techniques, activity development, and first aid. Camp Directors are also certified in American Red Cross First Aid, CPR, and AED.

SUNSCREEN: Campers will be outside for the majority of the day, so please apply sunscreen to your child *before* coming to camp. Counselors will re-apply the sunscreen if needed. Please send **spray** sunscreen only. Encourage your child to wear a hat for extra protection from the sun.

DRESS: Play clothes and gym shoes with socks are required (No sandals, No flip flops, No Crocs). Water shoes are allowed on Friday for water day.

BRING: Only bring what is needed in a **labeled** backpack – insert the following smaller labeled bags within your child's larger bag.
Bag Insert #1: **NUT-FREE** snack
Bag Insert #2: **NUT-FREE** lunch
Bag Insert #3: Swim Gear on Fridays
Bag Insert #4 (if needed): An extra change of clothes
Bag Insert #5 (if needed): Medications
ALWAYS SEND A LABELED WATER BOTTLE
ALWAYS SEND A LABELED BOTTLE OF SPRAY SUNSCREEN TO REAPPLY
****Please label all of your child's belongings!****

LOST & FOUND: Each camp site will have a Lost & Found, so please check it daily. Lost & Found items will be held until August 31st. After that time, items will be donated. The River Forest Park District staff is not responsible for lost or damaged items.

PARTICIPANT HEALTH GUIDELINES:
To ensure everyone's safety and wellbeing we have set the following health guidelines for participants.

- Campers who are ill in any way should be kept at home. Do not send a child to camp with an active cold, cough, vomiting, diarrhea, rash, or fever.
- A child should be fever free (without fever-reducing medicine) for 72 hours before returning to camp.
- If a child is prescribed an antibiotic, they need to be on the medicine for 24 hours to ensure they are no longer contagious.
- If your child becomes sick at camp, we will call the parent or the person you have designated as an alternate. The camper will need to be picked up within 30 minutes.

RULES AND EXPECTATIONS FOR CAMPERS:
To give campers the best possible summer, we will provide clear, consistent, and reasonable rules and expectations and use positive and consistent guidance. If a child has repeated difficulty in obeying the rules, we will contact the parents. Multiple infractions may result in suspension. Please read and discuss the **'Give a High 5' Safety & Behavioral Policy** included in the Camper Data Forms.

For more information, please view our website at https://rfparks.com/summer-camps

Looking forward to a great summer!

Ellie Olayo
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